

LIBERTY UNION HIGH SCHOOL ATHLETIC GUIDELINES

1.1 Eligibility of athletes: Before the beginning of each sport season each athlete must:

- a. Meet all C.I.F league and school eligibility requirements.
- b. Have on file in the athletic office a completed sports clearance sheet which consists of the following:
 - 1) A physical examination or clearance signed by a licensed medical practitioner. The only exceptions to this are provisions provided in the education code (11822)
 - 2) Athletic contract, parent consent, steroid awareness, concussion awareness, prohibition policy and parent coach communication packet shall be signed by student and parent.
 - 3) Proof of individual medical insurance or accident insurance coverage purchased through the school
 - 4) Student and parents signatures that acknowledge the North Coast Section Ejection Policy.

1.2 Scholastic Eligibility:

- (A) In order to be eligible for any extra/co-curricular activity, a student must maintain a minimum unweighted grade point average (GPA) of (2.0) on the 4.0 point scale (A = 4 points, B = 3, C = 2, D = 1, F= 0).
- (B) The grading periods are designated as first quarter, first semester, third quarter and second semester.
- (C) All students in an 8-period A/B block-schedule program must be passing at least five (5) classes and have no more than one (1) F grade. A student taking eight (8) or more classes may have two (2) F grades if at least six (6) classes are being passed.
- (D) Athletic eligibility is established on the date of determination based upon league approval.
- (E) A student not meeting the eligibility standard is ineligible until the next date of determination. Progress Reports and other intermediate grade checks have no bearing on a student's eligibility.
- (F) Determining the grade point average:
 1. The unweighted GPA is determined by dividing the total numerical grade points awarded according to the letter grade received (see point scale in A above) by the number of courses for which grades are received. The grade point average is determined by dividing the total numerical grade points by the number of credits attempted using the full numerical value of the letter grade as follows:
 1. A = 4.00
 2. B = 3.00
 3. C = 2.00
 4. D = 1.00
 5. F = 0.00
 6. P = (not used for eligibility purposes)
 7. I = 0.00
 2. Receiving an Incomplete may have an effect on a student's academic eligibility. If the resolution of an Incomplete could lower the student's grade point average to below 2.0, the student shall be considered ineligible until the Incomplete is removed and the grade point average determined.
 3. Summer School Grades

A student who is scholastically ineligible based on the report card received in June for the spring semester may request that current summer school grades be used to see if eligibility has been restored by yielding a GPA of a least 2.0.

 1. If the summer school class is a repeat of a course failed in the last grading period, the grade may replace the grade received on the June report card.
 2. If the summer school class does not match courses taken in the spring semester, the grade may be added to the grades received on the June report card.
 3. Summer school grades cannot be used to disqualify the scholastic eligibility of a student who was declared eligible based on the June report card.

1.3 Probationary Period

- (A) Students with a grade point average from 1.75 to 1.99 may be put on academic probation for no more than one quarter in a school year by the site principal. Students must have a 2.0 GPA or better in the grading period preceding the current grading period to be eligible for Academic Probation. The principal, or designee may deny probation for attendance and discipline issues from the previous quarter.
- (B) All incoming freshmen will be placed on academic probation for the first grading period.

A freshman wishing to apply for academic probation for a grading period later in his/her freshman year, can contest the assignment to academic probation in the first grading period by providing proof of eligible status from their previous school.
- (C) A student on probation must turn in weekly progress reports to the Athletic Director or designee. Failure to show progress in class work will result in revocation of the probationary status and immediate ineligibility.
- (D) A student may not have more than one probationary period in any school year, or be on probation for two (2) consecutive quarters (ie: 4th quarter – 1st quarter)
- (E) Students granted probationary eligibility must meet the required standards by the next date of determination.

1.4 Eligibility for game days:

- a. Students must attend a minimum of two (2) classes, except with prior administrative approval.
- b. Students may not have any trancies during the day.
- c. Student must dress for physical education.
- d. Students must not be in In-School Detention or on campus suspension.

1.5 Tryouts

- a. Tryouts determining team rosters may only occur during the official season of sport per NCS guidelines.
- b. Students who participate in overlapping sports will have a minimum of three (3) days to tryout for a team beginning the day after the final competition of the athletes' first sport.

1.6 Students dropping or transferring between sports:

- a. Upon dropping a sport, whether voluntary or involuntary, an athlete automatically forfeits any award he/she might have received.
- b. He/she will not be allowed to participate in any other sport until the season of that sport which is dropped is completed, except by permission of the Athletic Director or coaches involved.

1.7 Students planning to go out for two sports:

- a. A student planning to try out for two (2) sports during the same season must have approval from both coaches, and the Athletic Director. The Athletic Director will review student tardies, absences, citizenship, etc.

1.8 Statisticians/Managers:

- a. Each coach may appoint the statisticians and managers necessary to properly conduct the activity. Every statistician and manager is subject to all the academic and school requirements (With the exception of section 1.1 set forth in this guideline).
- b. Statisticians and Managers must turn in an Emergency Medical Authorization to their respective coaches.

1.9 Transfers: It is the responsibility of each coach to inform the Athletic Director regarding team members that have recently transferred from another school, come out after the season is in progress, or any foreign exchange students. The team rosters must be up-to-date or the athlete will certainly be ineligible by not being registered properly in the office.

1.10 Transportation: Coaches have the authority to direct how students are transported to and from athletic events per team rules and what the coach believes to be the best interest of the team.

- a. Students may not drive themselves to competitions outside of the Liberty Union HSD.
- b. Students may drive themselves and family members to off campus practices within district boundaries.
- c. Students, who have arrived on district/team arranged transportation, may, with approval, leave an event or competition with a parent or guardian only.

2.0 Conduct of Athletes: The conduct of an athlete is closely observed in many areas of his/her life, and it is important that his/her behavior be above reproach. An athlete is a leader, therefore he/she has certain responsibilities and obligations that must be kept upper most in his/her mind. It is the responsibility of the coach to see that the athlete is educated to these responsibilities and obligations. Their responsibilities are divided into five major areas.

2.1 An athlete:

- a. Is in complete command of him/herself at all times.
- b. Is respectful to all officials as they are assigned to conduct our contests fairly and to enforce rules and regulations.
- c. Is modest in victory and gracious in defeat.
- d. Controls his/her temper when things fail to go as desired.
- e. Knows that profanity and illegal tactics are signs of poor sportsmanship.
- f. Is aware of his/her responsibilities and does not cut practice.
- g. Shows proper respect to all visiting teams.
- h. Does not use alcohol, nicotine, narcotics or controlled substances.
- i. Does not use performance enhancing supplements or those perceived as such.

2.2 On /off campus, an athlete:

- a. Is ready to accept positive leadership.
- b. Is neat and well groomed.
- c. Conforms to sport-specific grooming guidelines or rules set by individual coaches.
- d. Does not use profanity or vulgarity.
- e. Is proud of his/her school and campus and does all he/she can to promote that feeling with other students.
- f. Works for the improvement of the school.
- g. Knows that hazing of students, fighting, provoking a fight, or any form of rowdy behavior is not in the best interest of the school spirit.
- h. Will not engage in irresponsible social media, including cyberbullying

2.3 In the classroom, an athlete:

- a. Meets the academic and citizenship standards of his/her school.
- b. Shows respect for teachers and fellow students.
- c. Maintains a good attendance record and realizes that athletics is only a part of his/her total education and not the sole purpose of his her/ being in school.
- d. Realizes that when he/she cuts classes or practice, he/she is putting him/herself above the welfare of the school and team.
- e. Notifies teachers when he/she has away trips or will be missing classes.

2.4 At athletic events, an athlete:

- a. Is the direct representative of the community, school, and team. He/she is their ambassador and displays proper conduct at all times.
- b. Dresses appropriately and in good taste when making trips.
- c. Does not place in jeopardy his/her chance, or the chances of the school, for attendance or competition at other schools by misconduct.
- d. Sees his/her teachers and makes up all work missed because of the athletic event.

2.5 Physical condition of the athlete – an athlete:

- a. Realizes that good physical education is absolutely necessary and is willing to abide by the training regulations.
- b. Must have a sound diet and sufficient amount of sleep.
- c. Knows that alcohol, nicotine, and narcotics are injurious to the human body and that the use of alcohol, nicotine, and narcotics are the same as undermining the team.
- d. Knows that drinking, smoking, or the use of drugs by an athlete lessens his/her team's chances of victory.

2.6 In Regards to Social Media, an athlete:

- a. Will be respectful of others' posts.
- b. Will refrain from negative comments, posts or messages.
- c. Will avoid questionable or compromising photos of self or others
- d. Will refrain from highly emotional content, like rants regarding personal situations or conflicts.

3.0 Declaring an athlete suspended from Athletic Competition and Participation: The principal or designee and Athletic Director in conjunction with the coach may, for good cause, declare an athlete ineligible. Students and parents must agree to abide by CIF, school and team rules. Each individual coach sets team rules consequences.

a. Education Code: 48900s

A pupil shall not be suspended or expelled for any of the acts enumerated in this section, unless that act is related to school activity or school attendance occurring within a school under the jurisdiction of the superintendent of the school district or principal or occurring within any other school district. A pupil may be suspended or expelled for acts that are enumerated in this section and related to school activity or attendance that occur at any time, including, but not limited to, any of the following:

- (1) While on school grounds.
- (2) While going to or coming from school.
- (3) During the lunch period whether on or off the campus.
- (4) During, or while going to or coming from, a school-sponsored activity.

- 3.1 Any athlete apprehended by school personnel or police officers for consuming, having in his/her possession or being under the influence of alcoholic beverages of any kind on a Liberty Union High School District campus or at any school related activity- shall receive a twenty (20) school day activity suspension. A second offense will result in a forty (40) school day activity suspension. A third offense will result in the student being suspended from athletics for one calendar year from the date of the violation.
- 3.2 Any athlete apprehended by school personnel or police officers for using or having in his/her possession marijuana, drug paraphernalia or other controlled substances on a Liberty Union High School District campus or at any school related activity shall receive twenty (20) school day activity suspension. A second offense will result in a forty (40) school day activity suspension. A third offense will result in student being suspended from athletics for one calendar year.
- 3.3 Any athlete apprehended by school personnel or police officers for using or having in his/her possession hallucinogenic or other illegal drugs on a Liberty Union High School District campus or at any school related activity shall be ineligible for regular team practice or competition for the rest of the school year.
- 3.4 Any athlete caught smoking or using tobacco by a coach or other school personnel shall be counseled by the coach and referred (if offered) to a district smoking cessation program. If the athlete commits a second infraction, he/she shall be suspended from the team by the coach for one game, match, or meet. If caught for a third time, the athlete will be suspended from the team for twenty (20) school days.
- 3.5 Any student suspended for any other behavior under Ed Code 48900 a- t may result in being removed from the athletic team for up to 20 school days.